



EDITORIAL

This being the first issue of "MHA on the Bay" we would like to introduce you to our "Editorial Panel".

The newsletter is being issued under the auspices of the Methodist Homes in Port Elizabeth assisted by our General Manager, Mr. Hein Barnard. All of our Port Elizabeth villages have a representative scribe on the panel and they are as follows:

Aldersgate: Mrs Jill MacKenzie – 041 368 5239

Annesley & Sheariton Gardens: Robin Wright
041 360 8098

Cassia Gardens: Freda Hancocks - 041 360 7830

Irvine Villa: Ron Cleland – 041 368 8701

Wesley Gardens: Shirley Payne - 041 368 4229

Phone your news and views to your village representative.

This being the first combined newsletter news from our village scribes may be a bit brief. As we move forward coverage will improve as general newsworthy items are more easily identified and collated for future issues. Observations and comments are welcome and may be sent to your village scribe or Ron Cleland.

We would like to thank the Board and in particular Mr Hein Barnard for his initiative, encouragement and vision in making our first issue of "MHA on the Bay" a reality.

Inside this Issue

1. Editorial
2. Mr Hein Barnard's profile sketch
3. Aldersgate News
4. Annesley and Sheariton Garden News
5. Cassia Gardens News
6. Irvine Villa News
7. Wesley Gardens News

For Your Diary

25th November 2012.

Annual Thanksgiving
Church Service.

Venue and time will
be advised
nearer the time.



Mr Hein Barnard, our recently appointed General Manager of Methodist Homes is a born and bred Port Elizabethan. He did his schooling at the Hoërskool D F Malherbe and subsequently obtained a B.Comm. degree at the University of Port Elizabeth (now NMMU) and furthered his qualifications with a Teacher's Diploma. After teaching at the Framesby High School for three years he accepted a post as lecturer in Economics at the P E Technikon. He filled a number of positions in his 20 years at the Technikon. Prior to joining Methodist Homes on 1st March 2012 he was a short term insurance advisor at a leading brokerage. Hein is married to Ronel, who is a teacher, and they have two daughters Carla and Beâte.

Hein is an enthusiastic sportsman having played baseball, cricket, squash and rugby at different levels and now relaxes with a game of golf (7 Handicap). As a people's person Hein's vision for the Methodist Homes is to build on what has been created

with a view to the furthering the happiness of our residents and the promotion of good staff relations.

ALDERSGATE
SCRIBE - MRS JILL MACKENZIE

An Outstanding Celebration

Aldersgate celebrated our nine Nonagenarians' birthdays with a party on Saturday 23 June, 2012. This was the second year we have celebrated residents who attained the ninetieth year. About 112 residents from the village attended the morning tea party – the tables groaned with lovely goodies to eat.

Aldersgate Nonagenarians



Back L-R: Alf Cadle, Loftus Rothman, Mike Stones,
Doug Wilson and Sydney Boulton
Front: Marjorie Ironside, Kay Chapman and Eve
Sullivan.

Absent due to illness: Lillian Collett

There were guests too - Hein Barnard our General Manager and his daughter, Beáte were with us.

Following on this note-worthy news a recent survey of residents' ages in all our villages revealed these most interesting statistics.

90 plus years – 52 residents, 80-89 years - 260 residents; 70-79 years – 212 residents; 65-69 years – 21 residents and 60-64 years - 12 residents.

Every second month Jill issues a listing of coming events. Among the "What's on in Aldersgate" we noted that exercise sessions are held twice a month at 9 a.m. and these are conducted by Marika a qualified Biokineticist. It costs R15,00 per month and any Methodist Homes resident is more than welcome to attend. Phone Jill at 041 368 5239 for more details.

ANNESLEY GARDENS
AND SHEARITON
ROBIN WRIGHT

Robin Wright, who is a retired Methodist Church minister, is the new volunteer Scribe for these villages and is in the process of assimilating what is required of him in this new role.

However, looking at the villages' latest August Newsletter it is apparent that the residents are vibrant with lots of planned activities. Other than the usual activities we were interested to hear that one of their more interesting events was a "Hobby Day" when residents were asked to bring along their hobbies for everyone to see. No less than three residents, one a lady, were model train enthusiasts (including the new scribe). As Robin gets into his stride we will be able to bring you more news of Annesley and Sheariton happenings in future issues.

IRVINE VILLA
SCRIBE - RON CLELAND

Irvine Villa Celebrates First Anniversary



**Methodist Chairman Lynne Lawson and Board
Member Malcolm Stewart cut the
1st Anniversary Cake**

All our residents; but for three who were away, sat down to a slap-up dinner on the 18th August 2012. One year ago on 21st August the village was formally opened by the Rev George Irvine. We were privileged to welcome as our guests the Chairman of Methodist Homes Mrs Lynne Lawson and her husband Mr David Lawson.

Other distinguished guests were board member Mr Malcolm Stewart and Mrs Penny Stewart. Our General Manager Mr Hein Barnard and Mrs Ronel Barnard attended with retired general manager Mr Andries v d Westenbrugge and Mrs Nadine v d Westenbrugge.

Mr Malcolm Stewart spoke on the major encouraging advances the medical profession was making in identifying the causes of Alzheimer's disease and dementia. Research has also revealed that many seniors have skills and verbal dexterity that belies their age.

The Village Hall was tastefully decorated replete with balloons, candles and a bottle of red and white wine donated by one of our residents. The evening was topped with good company and a scrumptious meal which was coordinated by our in-house culinary artists Dave and Lin Jack ably assisted by other residents.



First Year Touch-up Work

Following the extensive winter rains it was soon apparent that the original drainage installed was not coping and Mr Barnard and the team of architects and engineers have been busy on site addressing these exceptional drainage problems.

WESLEY GARDENS SCRIBE - SHIRLEY PAYNE

Our thanks to Shirley, who has only been a resident of Wesley Gardens for just over a year and who is still getting to know everyone in the village, for agreeing to contribute to our MHA Newsletter.

Shirley is a well-traveled resident who in addition to writing her autobiography paints and draws.

Anniversary Preparations



Wesley Gardens was formally opened 25 years ago on 28 November 1987 and plans are in hand to celebrate their Silver Anniversary.

Looking through the Official Opening brochure it is interesting to note that the residents of cottage no 4 Mr and Mrs R J Andrew are still living in the village.

The Chairman of the Methodist Board was Mr R G (Bob) Zeiss who is now living at Cassia Gardens. Other prominent people at the official opening were Rev Derrick Joliffe of the Walmer Methodist Church.

Watch for our next issue for a further report.

CASSIA GARDENS FREDA HANCOCKS

Cassia Gardens Folk reach out to the Community



We were deeply touched to hear how much the residents of Cassia Gardens do to assist others in need.

We see in their August issue that their nominated

charity at their "Afternoon Birthday Tea for the Month" was the Adult Nappy Project for the Cheshire Homes. Freda reports that every month a charity or project is selected. Previous organizations that have benefited include the Care Haven in Belmont Terrace, Operation Hunger and Place of Hope at Greenbushes where 24 poor white families live. Well done folks and bless you all for your compassion and empathy for those folks less fortunate than yourselves.

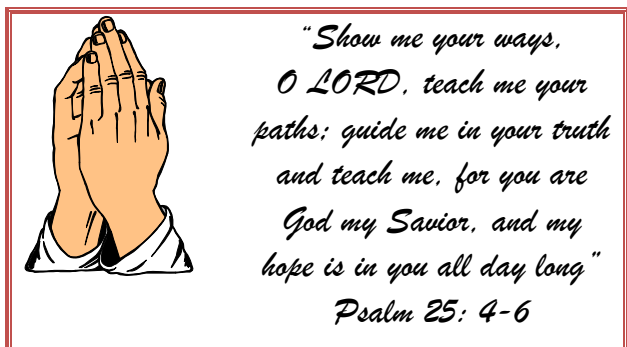
Robert MacGeoghegan Presentation on Mountain Rescue

Robert who is a member of the Eastern Cape Mountain Club gave a most interesting talk in August on the role of the club in rescue work. He gave an interesting insight on the location and recovery of the site of Hansie Cronje's crash in the mountains outside George.



something for the Computer Fundi's ...

Did you know that there is a Senior Service web site and that our Johannesburg Methodist Homes Office were one of the first organizations to join when this was launched. MHA, Johannesburg have now taken one step further and have their own web site at www.mha.co.za. Why not visit their web site and record a "hit"?



Official Spring Day

Our local weatherman Garth Sampson has had a particularly busy winter and as at 20th August we were told that Port Elizabeth had one of the wettest winters on record.

We have all been bundled up what with the cold weather that all the rain has contributed in no small part. So here's hoping that the "weatherman" will bring us a lot warmer weather from now on.



Lateral Thinking Solution



Squirrels had overrun three churches in town. After much prayer, the elders of the first church determined the animals were predestined to be there. Who are we to interfere with

God's will? they reasoned. Soon the squirrels multiplied.

The elders of the second church decided they could not harm any of God's creatures, so they humanely trapped the squirrels and set them free outside the town. Three days later the squirrels were back.

It was only the third church that succeeded in keeping the pests away. The elders baptized the squirrels and registered them as members of the church.

Now they only see them at Christmas and Easter. Hmmm!!!